



# SHENTON COLLEGE JUDO ACADEMY



SHENTON  
COLLEGE

*"the shenton difference"*

UWA Judo Club  
Since 1988

respect

self-defence

discipline

dynamic

community

friendship

Shenton College will be commencing Shenton Judo in partnership with UWA Judo from term 3, 2018 in the Shenton College Gymnasium. Judo is an Olympic sport and martial art promoting physical, mental and character development. Shenton Judo will teach effective grappling skills, hold downs, arm-locks, escapes and counters for attacks.



**Shenton**  
*1st Week Free Trial (Wednesday 18th July).  
Commences Wednesday 25th July for \$20 per  
session or \$150 for 10 weeks. Option to be  
graded and presented with your belt 10th October*

## Core Values

Mutual respect and Wellbeing

Self - discipline



**UWA** Judo Club bring world class Judo  
techniques taught by experienced coaches

**Empower** Wednesday October  
10th optional grading  
and belt presentation.

**Educate** values, morals, discipline  
and respect

**Expand** network of friends via Judo



KAI PNG

UWA Judo Club Member - 2014 National Champion

Register and pay at training: Wednesday 3:30 - 5:00pm at  
Shenton College Gym. **\$150 for 10 weeks - Includes the option to  
train at UWA Judo Club.** For more information phone Peter Swan  
on 0418 904 009